

View Online at <https://aerobasegroup.com/nsn/7830-01-577-3519>

Overall Length:

22.000 inches

Overall Height:

6.000 inches

Overall Width:

29.000 inches

General Description:

Fitness workout board combines strength training, yoga and aerobics conditioning; improves balance, stability; may be used i physical therapy; 3 dimensionally unstable balance platform responding to movement; lever adjusts stability; tilts, swivels and rocks in all directions; grated rubber top; 8 resistance tubing attachment sites; requires exercise video

Shelf Life:

N/a

Unit Of Measure:

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Demilitarization:

No