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End Application:

Chest & arm workouts

Product Name:

Mg-3 knurled multi grip bar

Special Features:

Rackable on standard pwr racks, compatible w/ olympic plates, neutral-grip/swiss bar/football bar design, 2 angled handles spaced at 10 in, 4 vertical handles at 20 and 28.5 in. 1.25 in handle dia. Wght. 43 lbs

Shelf Life:

N/a

Unit Of Measure:

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Demilitarization:

No